House Bill 2385 PASSES:

Essentially, requires health insurance to pay for DUII Treatment. 66% of the House voted in favor, and 66% of the Senate voted in favor of this bill.

The AMH Budget:

The budget was approved by the legislature, with a large increase for mental health, and some increases for addictions, most specifically increases in “room and board” rates for residential alcohol and drug treatment.

New PROPOSED NTHW Rules:

The State of Oregon is developing a new entity to register Non-Traditional Health Workers (NTHW’s). This “new concept” is an incredibly old concept in addiction treatment. Since the inception of programs like the Washingtonian Fraternal Temperance Societies in the 1800’s, addiction recovery homes and institutions have long been staffed by recovering alcoholics and addicts. Two of the first recovering alcoholism counselors were D. Banks McKenzie and Charles Bunting. By the 1880’s staffing inebriate homes and asylums with recovering alcoholics became commonplace. The proposed new registry system for NTHW’s will operate through the Office of Equity and Inclusion. However, it appears that everyone will have to suffer a “background check” to be in the State’s registry. This could potentially knock out some of our Addiction Recovery Mentors with longer criminal histories and those with more recent criminal histories. Additionally, this could have a disproportionate impact on minority recovery mentors.

Please email feedback to:

Cheryl.Peters@state.or.us letting her know how important and valuable it is for previously incarcerated recovery mentors to work with clients with a history of incarceration. Your feedback (public comment) on the proposed rules must be submitted no later than July 24, 2013 at 5pm.
Daystar Education, Inc.
A 501(c)3 nonprofit consortium of Oregon Addiction Educators


Our Team of Instructors

Nikki Johnson, M.A, CAADC III
Director of Daystar Education
ACBIO Ethics Chair
Adjunct Faculty, Portland Community College

Eric Martin, M.A.C., CAADC III, CPS
Former Director, ACBIO
Instructor, University of Oregon

Sarah Wheeler, CAADC II
Private Practice/Consultant

Kathyleen Tomlin, M.S., LPC, CAADC III
Supervisor, MINT trainer, author with Hazelden Press

Marilyn Cady, CSAT Certified HIV Trainer
Instructor, Chemeketa Community College

Cathy Moonshine, Ph.D., CAADC III
Consultant, Adjunct Faculty Pacific University, Lewis and Clark College

Maureen Jenne, MS, CAADC III
Clinical Consultant, Supervisor, Emergence

Kelly Washam, MA, CAADC II
Adjunct Faculty, PSU Graduate School of Counseling

Steve DeLugach, MS, LSP, CSAT
Counselor, Sexual Addictions Specialist

Ashley Brown, CAADC I, CSIS, QMHA
Brown & Brown Consultants, Supervisor, OREI - Columbia Village

Michele Mannix, BS, CAADC II
Mental Health Therapist, Homeless Advocate

Ricardo Olalde, MS, CAADC III, CHM
Multicultural Consultants, Salem

www.DaystarEd.com
503-234-1215
Course Descriptions

Core Certification Workshops

Addiction Pharmacology 18 hours
A three day course that meets prerequisite requirements for CADC & CPS. This course includes the basics of human physiology, rules of pharmacology, and the drugs of abuse categories. Excellent course for pre-test brush-up. Presented by Johnson, M.A., CADC II & Martin, M.A.C., CADC III.

Infectious Disease Risk Assessment/Risk Reduction 6 hours

Professional Ethics for Chemical Dependency Counselors 12 hours
This workshop meets the prerequisite for certification. Explores professional roles and values, dual relationships, Ethical Principles, Ethical Decision-making and more. Presented by Johnson, M.A., CADC III.

Group Counseling Skills 18 hours
This three-day course meets the prerequisite requirements for certification. This course will give participants an understanding of basic group dynamics, stages of development, and how to use facilitation skills. Through the use of group practice and feedback, lectures and written materials, this training will assist in developing effective techniques, including EBTs such as Stages of Change. By Johnson, MA, CADC II.

Basic Counseling Skills 18 hours
This three-day course meets the prerequisite requirements for certification. Through lecture, skill demonstration and practice, participants will have the opportunity to understand counseling in its most basic parts and practice the skills contained therein. All skills will be drawn from evidence-based practices. Participants will create and review a video tape counseling interaction. Presented by Wheeler, CADC II.

Continuing Education Workshops

Clinical Supervision 28 hours
Designed to enhance skills for new and experienced clinical supervisors in addiction treatment. Uses the model and materials from NFATTC EBT for clinical supervision. Materials provided by NFATTC. Taught by Maureen Jenne, MS, CADC III.

MI: Theory and Practice 12 hours
This workshop will ground participants in the theory and skill of this evidence based practice. Participants will practice the skills and strategies of MI. Presented by MI author Kathleen Tomlin, CADC III, LPC.

Theories of Addiction Treatment and Counseling 12 hours
This two-day course covers 54 traditional counseling theories, and principles of effective drug treatment. This course is designed as a refresher for the theories section of the National Certification Examinations. Includes test taking strategies. For counselors with less test taking experience. Presented by Eric Martin, M.A.C., CADC III, CPS.

The Teaching Side of Treatment 12 hours
Develop good teaching materials with or without fancy technology. Participants will learn the principles of learning and teaching, and how to apply them to special needs of addicted in treatment. Leave with a stronger foundation of a usable teaching product. Participants will need to bring their own laptop or computer and materials for developing a teaching module. Presented by Johnson, M.A., CADC III.

Principles of Understanding Addictions and the Family 12 hours
Designed to provide an overview of the theories, addictive processes, roles and relational problems that emerge in treatment of families with addiction. Will be set up for special topics workshops: adolescents, relationships and addiction. Taught by Kelly Washam, MA, CADC II.

Managing Client Records with ASAM 12 hours
ASAM Made Easy has been incorporated into a two-day workshop. The most common finding State Auditors have with client records is treatment plans. Adding this to ASAM should be a great help to people struggling with this paperwork. Taught by Kathy Tomlin, MS, CADC III, LPC.

Dialectical Behavioral Therapy 12 hours
This workshop emphasizes developing an understanding of DBT and the foundation for developing the skills necessary to use DBT effectively with a wide variety of clients. DBT helps empower clients to improve emotional containment and develop skills to improve function. Participants will gain experience by practicing specific DBT techniques. Taught by Cathy Moonshine, Ph.D., CADC II.

Client Counselor Boundary Issues: Resolving Transference and Countertransference 12 hours
This two-day course will enhance skills in recognizing and resolving transference and countertransference with addiction treatment clients, enhance awareness of counselor vulnerability for boundary problems, and will assist in developing a plan to avoid and/or resolve boundary violations. Presented by Johnson, MA, CADC III.

Co-Occurring Disorders: Screening and Assessment 12 hours
This workshop will review the principles of COD-substance abuse and mental health disorders and criminality, in light of substance-induced brain injury. Participants will practice using validated screening and assessment instruments using TAP 42. Taught by Washam, MA, CADC II.

Sexual Addiction 8 hours
Will explore the nature, cycle and recovery from sexual addiction. Learn practical tools for assessment and treatment planning, and address the needs of families affected by sexual addiction. Led by Steven Delugach, LPC, 25 yrs in treatment field. Chairs ITAP, Advisory Board for International Institute for Trauma and Addictions Professionals.

Domestic Violence and Addiction 6 hours
Workshop will review signs and symptoms of domestic violence in the addicted population, increase understanding of the cycle of violence, effective interventions, and resources. Taught by Kelly Washam, MA, CADC II and Kathleen McGraw, M.Div.
# Daystar Education Registration Form

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Email (for confirmation)</th>
<th>Phone</th>
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## Core Classes

<table>
<thead>
<tr>
<th>Course</th>
<th>Fee</th>
<th>Dates</th>
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</thead>
<tbody>
<tr>
<td>Addiction Pharmacology</td>
<td>$240 incl. book</td>
<td>July 17-19, Sept. 4-6, Nov. 20-22</td>
</tr>
<tr>
<td>Basic Counseling Skills</td>
<td>$175</td>
<td>July 10-12, Sept. 9-11, Nov. 6-8</td>
</tr>
<tr>
<td>Group Counseling Skills</td>
<td>$175</td>
<td>Aug. 12-14, Oct. 23-25, Dec. 11-13</td>
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<tr>
<td>Infectious Disease RA/RR</td>
<td>$80</td>
<td>July 22, Nov. 18</td>
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<tr>
<td>Professional Ethics</td>
<td>$120</td>
<td>Aug. 6-7, Oct. 17-18</td>
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## Continuing Education Classes

<table>
<thead>
<tr>
<th>Course</th>
<th>Fee</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Addiction and Personality Disorders</td>
<td>$80</td>
<td>Oct. 3</td>
</tr>
<tr>
<td>Adolescents and Addiction</td>
<td>$80</td>
<td>July 24</td>
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<tr>
<td>Resolving Client Shame</td>
<td>$80</td>
<td>Oct. 14</td>
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<tr>
<td>Domestic Violence and Addiction</td>
<td>$80</td>
<td>Nov. 16</td>
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<tr>
<td>Racism as an Ethical Issue</td>
<td>$80</td>
<td>Aug. 27</td>
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<tr>
<td>Treating Co-Dependency</td>
<td>$80</td>
<td>Aug. 5</td>
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<tr>
<td>Treating Marijuana Dependency</td>
<td>$80</td>
<td>Aug. 16</td>
</tr>
<tr>
<td>Treating Latino Clients</td>
<td>$80</td>
<td>Sept. 20-21</td>
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<tr>
<td>Relationships and Addiction</td>
<td>$80</td>
<td>Dec. 5</td>
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<tr>
<td>Sexual Addiction</td>
<td>$80</td>
<td>Oct. 21</td>
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<tr>
<td>Criminality and Addiction</td>
<td>$80</td>
<td>Aug. 3</td>
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<tr>
<td>Homelessness and Addiction</td>
<td>$80</td>
<td>July 23</td>
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<tr>
<td>Co-Occurring: Psychotic Disorders</td>
<td>$80</td>
<td>Aug. 31</td>
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<tr>
<td>Co-Occurring: Mood Disorders</td>
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<td>Aug. 30</td>
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<tr>
<td>Co-Occurring: Anxiety Disorders</td>
<td>$80</td>
<td>Aug. 29</td>
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<tr>
<td>Trauma and Substance Abuse</td>
<td>$80</td>
<td>Nov. 4</td>
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<tr>
<td>MI: Theory and Practice</td>
<td>$120</td>
<td>Aug. 19-20</td>
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<tr>
<td>Client-Counselor Boundary Issues</td>
<td>$120</td>
<td>Sept. 26-27</td>
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<tr>
<td>Principles of Family Work in Addictions</td>
<td>$120</td>
<td>Oct. 15-16</td>
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<tr>
<td>Teaching Side of Treatment</td>
<td>$135</td>
<td>Nov. 14-15</td>
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<tr>
<td>Client Record Management with ASAM</td>
<td>$120</td>
<td>Oct. 31-Nov. 1</td>
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<tr>
<td>Theories of Treatment and Counseling</td>
<td>$120</td>
<td>Aug. 19-20</td>
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<tr>
<td>Co-Occurring Disorders: Assess/Treat</td>
<td>$150</td>
<td>Dec. 9-10</td>
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<tr>
<td>DBT (Dialectical Behavioral Therapy)</td>
<td>$150</td>
<td>July 25-26</td>
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<tr>
<td>Clinical Supervision (must take both parts)</td>
<td>$350</td>
<td>Sept. 12-13 and Oct. 10-11</td>
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Total: $___ Check enclosed for $____ OR Visa/MC # ____________________________ Exp. date ______

Signed ____________________________

Check or Credit Card number must accompany this form to reserve a space. 2012 Discount: 5 core classes, register at once: $711 (10% savings). Check Payable to/Mail to: Daystar Education, Inc. 2054 N. Vancouver Ave. Portland, OR 97227 MUST GIVE 2 WEEKS CANCELLATION NOTICE. $50 FEE for less than 48 hours’ notice.
Treating Codependency  6 hours
Counselors will learn to help clients recognize codependent behavior as an ineffective attempt to get needs met. Participants will learn a structured process to teach clients how to assess themselves and how to support clients in the process of improving functional capacity. Led by Sarah Wheeler, CADC II.

Addiction and Personality Disorders  6 hours
This workshop will explore clients with Cluster B personality disorders, examine the interaction with drug use, and explore strategies for engagement and retention. This workshop reviews psychiatric EBP’s with Personality Disorders and overview of the limited research on Co-occurring Disorder EBPs, including Dialectical Behavior Therapy. Taught by Nikki Johnson, MA, CADC III.

Gangs: Risk Assessment and Intervention  6 hours
Explore types of gangs, learn to assess for risk of gang involvement, identify stages of involvement and proven intervention strategies for both Hispanic and African-American clients. Taught by Ashley Brown, CADC I, GIS, QMHA, and Perrell Brown, CADC I, GIS.

Resolving Client Shame  6 hours
This workshop will focus on a model for understanding and exploring shame issues, and the impact of those issues on recovery and relapse. We will apply evidence-based counseling practices that support the client’s resolution of their shame issues. Led by Sarah Wheeler, CADC II.

Treating Marijuana Dependence  6 hours
This one day course covers NIDA best practices with marijuana dependent clients, educating clients around the scientifically-defensible research on the health consequences of marijuana use. The increasing potency of marijuana and neuropharmacology of THC. Review of Marijuana Treatment research and the CYT EBP. Presented by Eric Martin, M.A.C, CADC III.

Criminality and Addiction  6 hours
Explore the relationship between addiction and criminal behavior, and EBPs, including MRT, for working with Criminal Addicts. Taught by Kelly Washam, MA, CADCII.

New Workshops

Racism as an Ethical Issue  6 hours
Meets 6 CE hour Ethics requirement. This workshop builds awareness of unintentional counselor bias. Explores cultural context, counselor defenses, microaggressions, and strategies to enhance counselor competence. Uses video, small group discussion and individual exploration activities. Taught by Nikki Johnson, CADC III.

Trauma and Substance Abuse Disorders  6 hours
Explores physical and psychological effects of trauma on people and its relationship to substance abuse, EBP for treating addicted Trauma survivors. Taught by Kelly Washam, MA, CADC II.

Co-Occurring: Psychotic, Mood and Anxiety Disorders - One Day Each  6 hours
Explore symptoms, similarities with drug effects, EBPs. Kelly Washam, MA, CADC II.

Homelessness and Addiction  6 hours
Explores causes, EBPs for engaging chronic Homeless people who often have multiple problems, plan to end homelessness. Presented by Michele Mannix, CADC II.

Hotel Information
Daystar Education has a contracted rate with Shilo Inn - Rose Garden. Please use the Rate Code DSTAREDU to receive our contracted rate of $87/night. WWW.Shiloinns.com

Calendar At A Glance

<table>
<thead>
<tr>
<th>JULY</th>
<th>OCTOFEBER</th>
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<tbody>
<tr>
<td>Basic Counseling</td>
<td>10-12 Homelessness</td>
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<tr>
<td>Pharmacology</td>
<td>17-19</td>
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<td>Infectious Disease RARR</td>
<td>22</td>
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<td>Homelessness</td>
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<td>Adolescents</td>
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<td>DBT</td>
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<td>AUGUST</td>
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<td>Criminality</td>
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<td>Professional Ethics</td>
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<td>Motivational Interviewing</td>
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<td>COD: Anxiety, Mood, Psych</td>
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<td>SEPTEMBER</td>
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<td>Pharmacology</td>
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<td>Basic Counseling</td>
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<td>Clinical Supervision Pt. 1</td>
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<td>Latinos and Diverse Cultures</td>
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<td>Client-Counselor Boundaries</td>
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<td>ASAM</td>
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<td>NOVEMBER</td>
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<td>Racism as an Ethical Issue</td>
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<td>Teaching Side of Treatment</td>
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<td>Domestic Violence</td>
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<td>Infectious Diseases</td>
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<tr>
<td>Group Counseling</td>
<td>11-13</td>
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</tbody>
</table>

www.DaystarEd.com

To schedule any of the courses at your agency (or a training tailored for your agency) please contact:
Daystar Education, Inc.
503-234-1215

A 501(C)3 nonprofit consortium of Oregon Addiction Educators
UPCOMING TRAININGS BY:

JANESE OLALDE

MOTIVATIONAL INTERVIEWING

Thursday & Friday, July 11 & 12, 2013
14 CEU’s $99.00 (limit of 14)

Basic Counseling Skills

Wednesday, Thursday & Friday, July 31 and August 1 & 2, 2013
21 CEU’s $175.00 (limit 10)

Group Counseling Skills

Wednesday, Thursday & Friday, December 2013
21 CEU’s $150 (limit of 14)

All trainings are at location: 374 “Q” St. (Across from Wayne’s Garage), Springfield, OR. All Trainings are from 9-5pm.

More information contact Janese Olalde: 541-870-6706
or email at janesejaneseolalde@yahoo.com

DOT Evaluations

Robbie Miller, MAC, CADCIII

Substance Abuse Professional (SAP)

Specializing in DOT/SAP

Evaluations and Assessments for Employee Working Under DOT Guidelines.

CALL Robbie Miller at:

503-816-0345

SAVE THE DATE!

The 2013 Northwest Instituto Latino Conference is almost here!
August 15th & 16th
Where: Washington Street Conference Center
102 SW Washington St. Hillsboro, Oregon 97123
7 CEU’s per day!

Visit: www.institutolatino.org For more information contact David at ACCBO 503-231-8164

ACCB0 ANNOUNCEMENTS

Effective Fee Schedule as of January 1, 2013

CRM Certification Fee: $100
CRM Renewal Fee: $100
CADC Application Fee: $50
CADC Computerized Examination (any level): $220
CADC Computerized Re-take: $170
CADC Oral Case Presentation Examination: $125
CADC Recertification: $140
CPS Computerized Exam/Fingerprint Fee: $200
CPS Renewal: $140
Gambling Counselor Application Fee: $50
Gambling Computerized Exam: $220
Gambling Recertification: $140
120 Day Extension Request: $50
Copy of your file sent to your email: $20
Out of State Verification: $25
Copy of your file sent to your home address: $25.00
Newsletter Advertisement: 8th page-$45
1/4 page-$75, 1/2page-$135, full page-$250
Newsletter Insert: $150
Do you have challenging marijuana primary clients?

*Up In Smoke* is a four hour educational intervention for marijuana primary clients. *Up In Smoke* is **NOT** a treatment program. It is an adjunctive 4 hour intervention that can be used with your treatment clients.

*Up In Smoke* is used by DUII treatment programs, EAP’s, probation/parole officers, drug courts, judges, attorneys, ADES’s, the Oregon Board of Pharmacy, Oregon Board of Nursing, OHSU Transplant Unit, High Schools, alternative Schools, private counselors and Child Welfare.

Currently, the *Up In Smoke* 4-hour Intensive educational Intervention course is offered in Portland, Hillsboro, Clackamas and Ontario.

Portland and Hillsboro Instructor: Eric Martin 503-407-9692
Clackamas Instructor: Jim Gossett 503-267-6360
Ontario Instructor: Matthew Wescott 541-889-1988

For times and locations in the tri-counties call:

**503-491-9748**
Yoga 101
Workshop Aug.17th & Oct.11
Taught by: Danette Puhek CADCI and Registered Yoga instructor.
9-5pm $75 6 CEU’s
Curious about Yoga

Learn what “Yoga is and is not,”
Explore Yoga as a life style not
only a physical exercise. Hear Yoga
history, facts and fiction.
Find what Yoga has to offer You!

Addictive thoughts and behaviors separate us from others, our sur-
rroundings and our true selves. The word Yoga means “union” the op-
posite of separation. Come join us in a small country Yoga studio in
Alpine, Oregon.
Learn about and practice basic Yoga Asanas postures and their specific
physical benefits’. Experience simple Pranayama breathing exercises
for relaxation. Learn techniques on
Mindfulness and the liberation of living in the moment. Plus participate
in an introductive candle meditation and enjoy a silent nature walk.
Come with an open mind and heart and leave relaxed and refreshed...

To register call 541-510-4525
Space is limited
Organic lunch provided

Addiction Recovery in an
Obesigenic World
A Balanced Approach to
Weight Management

Paul D. Potter, LMSW  (Retired from 32 years in Addictions Field now focusing on assisting others reach their health goals)

Objectives: Explore the obesigenic factors that you and
your clients face on a daily basis: Habit, Addiction or
Genetics?  Sound Familiar?  Core principles of healthy
eating and weight loss.  Understanding glycemic index and
weight Inflammation: Igniting the Flame!  Interventions that WORK!
Solutions: What can I do for myself and my clients.

Obesigenic (Obese+o+genic)
Promoting excessive weight gain

For more information:  Call
Paul at  503-449-2156

Self Care for Counselors
Go to www.selfcareNW.com
• Take a free Self Care Test
Get the monthly Self Care Kit and learn how to prevent stress overload

FETAL ALCOHOL & OTHER
NEUROBEHAVIORAL CONDITIONS:
Understanding & Application of a Brain-Based Approach
A Three-Day Workshop for Parents & Professionals
October 17-19, 2013 9:00 am – 4:00 pm
Facilitator: Diane V. Malbin, MSW
The Mark Spencer Hotel, Portland, OR

Register early – limited space
Approved for 19.5 Continuing Education hours

For information: Call FASCETS: 503-621-1271
Email: wtemko@fascets.org
Website: www.fascets.org
(See Workshop Schedule page)
Getting To Zero is the name of the National HIV/AIDS Strategy. Community partners have been meeting to initiate ways to start conversations and engage more people in being tested for HIV. As part of this effort, we also need to address the issues of Hep C. As a CADC1 since 1990 and as someone also working in HIV prevention efforts since 1987, I would like to share some stats about Hep C. from Caring Ambassadors.

The number of Americans infected with Hep C is 3-5 times higher than HIV. Approximately 75% of persons exposed become chronically infected. Approximately 20-30% with chronic hepatitis develop cirrhosis.

An estimated 15,000 persons die each year from Hep C. The death rate has tripled in Oregon since 1998.

Without intervention, complications associated with Hep C related cirrhosis are projected to increase dramatically by 2020: liver failure by 106%, liver cancer by 81% and liver related deaths by 180%. Please share the importance of being tested with your peers, clients and others. Know that Multnomah County does offer low cost and no cost testing for both HIV and Hep C. CAP only offers HIV testing. If you have insurance, you can ask your healthcare provider for both tests.

Websites to share:
- multco.us/health/health services
- cascadeaids.org/hiv-testing-resources
- caringambassadors.org: HEP C resources. Look for fliers announcing a full day conference tentatively scheduled for Sept. 21 for professionals and consumers about the latest western/complementary medical developments for HepC.
- Testing4all.org: This is a new CAP promotion.

REMEMBER: knowledge is power and testing is essential

Addiction by Design – Dr. Natasha Dow Schull

Recent decades have seen a dramatic shift away from social forms of gambling played around roulette wheels and card tables to solitary gambling at electronic terminals. In continuous machine play gamblers seeks to lose themselves while the gambling industry seeks profit.

Support VPGR and order your copy of this startling expose! Call Eric at 503-231-8164 for more information.

VPG: Voices of Problem Gambling Recovery
Send a check with name and mailing address to VPG: 2054 N. Vancouver Ave., Portland, Oregon 97227

Or you can order this great book by credit card: Call ACCBO at 503-231-8164 (office hours 9-5 pm) M-F

10% discount for ACCBO members and affiliates! This is a special VPG discount. Order today for only $31.50 which includes shipping and handling!

VISIT: WWW.VPGR.NET

Mental Health and Addictions Training
At Portland State University

Graduate Certificate in Addictions Counseling
pdx.edu/ceed/addictions-counseling
Apply now for a fall start
An academic series of six courses providing a broad overview of addictions counseling, concepts of treatment, and clinical skills. The program is intended for human services treatment professionals in the community and graduate students in related fields, to enable them to acquire training and education in science-based practices and to provide the knowledge essential to working with addicted populations.

Certificate in Trauma-Informed Services
pdx.edu/ceed/trauma
Register for workshops independently or add them together toward the certificate This certificate is designed to increase skills in providing services to clients and organizations affected by trauma, as well as increase awareness of necessary core competencies in the administration of a trauma-informed organization.

Program information: Kathy Lovrien, 503-725-8165, lovrienk@pdx.edu
Wisdom to Current Practice
Nigel Wrangham, CADC II, CPS and Jackie Sandquist, MA

The Addict’s Quest

This dynamic and interactive workshop helps us understand addiction, relapse and recovery as an archetypal hero’s journey. Learn how to identify and address common patterns in relapse and early recovery, and how to apply specific tools and resources to help clients.

Monday, September 23, 2013          9:00 a.m.  -  4:00 p.m.        $80.00

“They went beyond the traditional approach of talking about recovery, broaden my view of addiction and will make me a better counselor.” - Participant, Addict’s Quest, November 2012

“They take a more open stance and powerful look at addiction and how to build upon strengths of clients.” – Participant, Addict’s Quest, May 2013.

Eligible for ACCBO/NAADAC approved education hours: Questions call Nigel at 503-887-3078

All workshops held at Tabor Space, 5441 SE Belmont Street, Portland, OR 97215 (free parking)

Register by visiting http://www.nigelstrategies.com/upcoming-workshops/

About Rita Soman, MA, CADC III
Rita Soman has been working as an Addictions Counselor for 25 years. She is the Director of Addictions and Family Counseling, certified by Oregon State. She is committed to helping her clients with the best available tools and loves teaching PSYCH-K® workshops to her peers. Rita attests to the life-altering shifts that have occurred in her life as a result of this process, that support her in living balanced, joyful and fulfilling life.

Rita is highly recommended by the world famous author of book, The Biology of Belief.

“Rather than genes, it is our beliefs that control our lives. When you change your beliefs you impact your life at a cellular level.”
- Dr. Bruce Lipton,
Cellular Biologist

To register or learn more at:
www.ritasoman.com
Free Intro available with 2 CEUs
ACCBO Approved 14 CEUs
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Home study courses are approved by: ACCBO, NAADAC # 405, NASW # 886558730-9415. Call Dr. Katie Evans at 503-756-6117 or fax order form to 503-524-3778 or email Katie at drkatieevans@yahoo.com. Visit: www.drkatieevans.com.

In addition to 4 courses below you can order Dr. Evans newest book “Unfortunate Hero: The Soldiers Path From Trauma and Addiction” now in second edition. Available in soft-back or in Kindle edition through www.amazon.com or autographed copy by Dr. Evans through her website for $20 (includes shipping).

4 Homestudy Courses - no online conference - have 6 months to complete - receive your certificate same day I receive your completed materials (email/fax required).

☐ 1. Dual Diagnosis: Counseling the Mentally Ill Substance Abuser 30 CEU’s $150
This course includes trainer’s textbook: Dual Diagnosis: Counseling the Mentally Ill Substance Abuser and true/false open book posttest.

☐ 2. Treating Addicted Survivors of Trauma 30 CEU’s $150
This course includes trainer’s textbook: Treating Addicted Survivors of Trauma and true/false open book posttest.

☐ 3. DVD 5-Stage Recovery Model Counseling Addicted Survivors 15 CEU’s $95
This advanced course includes: DVD treatment in action, Dr. Evans using the 5-stage recovery model workbook she authored, published by Hazelton, exercises using the client workbook: Understanding Post Traumatic Stress Disorder and Addiction and true/false open book posttest.

☐ 4. DVD “Unfortunate Hero’s: Treating Addicted Soldier Survivors” 40 CEU’s $179
This course includes 2 DVDs (Brandon’s story and Michael’s story), Unfortunate Hero: A Soldiers Path From Trauma and Addiction textbook/ self-help guide, write a 2 to 3-page essay on what experiences you had from/while watching DVDs and reading the book and true/false open book posttest.

Order All Four Courses (125 CEUs) For One Low Price of $525!!!!

For quickest registration fax this form to 503-524-3778, or
Email: drkatieevans@yahoo.com ** All major credit cards accepted.
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Note: If you are applying for NASW credits as well as or instead of NAADAC you must let us know as you have special registration forms we need in your packet.
Hepatitis C Facts and Figures
Provided By Jacki Gethner CADC1

There is no vaccine to protect against hepatitis C (unlike hepatitis A and B).

We have a cure. The new therapy can result in a cure in up to 75%.

An estimated 5 million Americans have already been infected with the hepatitis C virus.

At least 1 in 50 Americans has been infected with the hepatitis C virus.

The number of Americans infected with the hepatitis C virus is 3 to 5 times the number infected with HIV.

1 in 33 baby boomers have HCV. 70% of HCV-infected persons in the U.S. are age 45 to 64 years. CDC is currently recommends a one-time test for every person born 1945-1965.

Facts and Figures continues on next page
Hepatitis C Facts and Figures

Hepatitis C is the most common blood-borne chronic viral illness in the U.S.

At least 170 million people worldwide are infected with the hepatitis C virus.

An estimated 20,000 new cases of hepatitis C occur each year in the U.S.

Approximately 75% of people exposed to the hepatitis C virus become chronically infected.

Most people with chronic hepatitis C are unaware that they are infected because HCV is often asymptomatic until advanced liver damage develops.

Hepatitis C is the leading cause of chronic liver disease in the U.S.

HCV disproportionately affects medically underserved populations including the homeless, Native Americans, African-Americans, persons of Hispanic descent, and Asian/Pacific Islanders.

1 in 10 African-Americans between 40-60 are HCV positive.

HCV seroprevalence rates of up 22% have been demonstrated among homeless persons.

The HCV seroprevalence rates among African-Americans (3.2%) and Mexican-Americans (2.1%) are significantly higher than in the general U.S. or Caucasian American populations.

Chronic liver disease/cirrhosis and viral hepatitis are more common causes of death in Native Americans, Asian/Pacific Islanders, and Hispanic Americans than among the general U.S. population.

Those with a low socioeconomic status & limited education are disproportionately affected by hepatitis C.

Approximately 25 to 30% of Americans with HIV/AIDS are coinfected with the hepatitis C virus.

HIV/HCV coinfected persons have twice the risk of cirrhosis and a six-fold increased risk of liver failure compared to people with HCV alone.

HCV-related end-stage liver disease is now a leading cause of death among HIV-positive persons.

Approximately 20% to 30% of people with chronic hepatitis C develop cirrhosis.

Each year, 1% to 4% of people with HCV-related cirrhosis develop liver cancer.

The incidence of liver cancer in the U.S. more than doubled between 1975 and 1998. The number of new cases of liver cancer and the associated number of liver cancer deaths are expected to double again in the United States over the next 10 to 20 years.

Liver cancer is currently the most lethal and fastest growing cancer in the US. The majority of the cases are caused by viral hepatitis.

Hepatitis C is the leading cause of adult liver transplantation in the U.S.

Since 1990, the number of people with HCV who underwent liver transplantation increased over twelve-fold.

An estimated 15,000 people die each year in the U.S. of hepatitis C disease. The death rate in Oregon has tripled since 1998.

The number of hepatitis C deaths each year in the U.S. is greater than the number of deaths caused by melanoma, cervical cancer, uterine cancer, thyroid cancer, or Hodgkin's lymphoma.

Without intervention, complications associated with HCV-related cirrhosis are projected to increase dramatically by 2020: liver failure by 106%, liver cancer by 81%, and liver-related deaths by 180%.
Beginning January 2014, all CADC’s applying for recertification must have a minimum of two hours of continuing education in tobacco dependence/prevention. Visit the www.accbo.com homepage to find a list of Tobacco Dependence and Prevention Education Resources.