Recently released data from the CDC shows Oregon’s analgesic poisoning death rate to be “significantly higher” than the U.S. average, according to the CDC’s report. New data from SAMHSA OAS also shows that use of nonmedical painkillers is slowing among females, yet increasing in males.

More and more programs are looking for alternative “pain management.” Beverly Thorn, Ph.D. is rapidly becoming one of America’s leading experts and researchers on the subject of “Cognitive Pain Management.” Her book Cognitive Therapy for Chronic Pain: A Step-by-Step Guide is available through Guildford Press.
NAADAC Press Release

NAADAC, the Association for Addiction Professionals, recently held elections to determine who should be their newest President-Elect. Robert Richards, an addiction professional from Eugene Oregon, won the race and begins his presidency in September.

NAADAC is the largest membership organization for professionals in the field of substance abuse. Their national scope reaches 10,000 members and 43 state affiliates, offering education, training and certification to thousands of people, including social workers, counselors, administrators, and others. By further professionalizing the addiction field through national certifications and education standards, NAADAC increases the reputability of its members and extends this opportunity to all addiction professionals. Richards has been an addiction professional for over 25 years, working as a counselor, clinical supervisor, administrator and educator. Currently, he is the director of two treatment facilities in Eugene, Oregon: a residential detoxification facility, and a men’s long-term residential facility. “I believe that as addiction professionals, our first priority must be the client. However, as a membership organization, the first responsibility of NAADAC officers and board members must be to our members,” said Richards. He has a great deal of NAADAC experience, as a former Treasurer, Northwest Regional Vice President and board member, and at AADACO (The Oregon Association of Addiction Professionals), as a board member and past President. In addition, he has showed commitment to the organization by joining a number of committees, including the Finance Committee, which he chaired, the National Certification Commission/NAADAC Ad Hoc Committee, which he co-chaired, the Personnel Committee, the Membership Committee, the Bylaws Committee, and the Veterans Committee. Richards has been involved with many other projects in the field, including a detoxification taskforce and a heroin taskforce, working with the State of Oregon Office of Mental Health and Addiction Services as a peer reviewer, and training other counselors on advanced counseling skills, sociology of addiction, cultural aspects of addiction and other topics.

As President, Richards has strong goals for the future. “If we are to endure as a profession and an organization (and we will), it is going to require the utmost in teamwork, advocacy, strategic planning and strong fiscal stewardship. I renew my commitment to all those needs as well as working to ensure that NAADAC continues to offer the highest level of credentialing, education and other services to our members.”

NAADAC Executive Committee Treasurer
Robert C. Richards
Eugene, Oregon

National Certification: NCAC & MAC
Liability Insurance, Association Membership
Continuing Education, National Conferences
Legislative Advocacy, SAP Qualification, and much more

ACCBO 2010 CALENDAR

<table>
<thead>
<tr>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 2: Ethics Meeting</td>
<td>Aug 1: September Prevention Examination Deadline</td>
<td>Sep 3: Ethics Meeting</td>
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<tr>
<td></td>
<td></td>
<td>Sep 15: Newsletter Submission Deadline</td>
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<tr>
<td>Oct 1: ACCBO Board/Ethics Meeting</td>
<td>Nov 5: Ethics Meeting</td>
<td>Dec 3: ACCBO Board/Ethics Meeting</td>
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<td></td>
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<tr>
<td>Oct 1: CADC Application Deadline for Dec Exams</td>
<td></td>
<td>Dec 4-11: CADC Computerized Exams</td>
<td></td>
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<tr>
<td>Oct 1: CGAC Application Deadline for Dec Exams</td>
<td></td>
<td>Dec 4-18: CGAC Computerized Gambling Exams</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
California Proposition 19

The Control and Tax Cannabis Initiative, has gathered enough signatures to make it to the November Ballot in California. It has been assigned the infamous number “19.” The last time California had a “Proposition 19” was in 1972 for - you guessed it - the legalization of marijuana.

The Prop 19 website touts:
• Control cannabis like alcohol: Allow adults 21 and older in California to possess up to one ounce of cannabis
• Give local governments the ability to tax the sale of cannabis to adults 21 and older
• Generate billions of dollars in revenue to fund what matters most in California: jobs, healthcare, public safety, state parks, roads, transportation, and more.

<table>
<thead>
<tr>
<th>Survey Date</th>
<th>Survey Agency</th>
<th>In Favor</th>
<th>Against</th>
<th>Undecided</th>
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</thead>
<tbody>
<tr>
<td>April 20, 2010</td>
<td>SurveyUSA</td>
<td>56%</td>
<td>42%</td>
<td>2%</td>
</tr>
<tr>
<td>May 9-16, 2010</td>
<td>PPIC</td>
<td>49%</td>
<td>48%</td>
<td>3%</td>
</tr>
<tr>
<td>June 29, 2010</td>
<td>L.A. Times</td>
<td>49%</td>
<td>41%</td>
<td>10%</td>
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<tr>
<td>June 30, 2010</td>
<td>Reuters</td>
<td>48%</td>
<td>50%</td>
<td>2%</td>
</tr>
</tbody>
</table>

Average as of July 1, 2010: 50.5% in Favor, 45.25% Against, 4.25% Undecided
Modus Vivendi LLC offers a range of educational and outpatient treatment services including family treatment, chemical dependency and mental health services. Our program is certified by the State of Oregon. All services are available in two languages (English or Russian). We specialize in working with Eastern European and Slavic clients. We also provide adjusted format classes for clients of diverse language background with limited English proficiency.

- Alcohol and drug treatment
- Marijuana dependence treatment
- DUII Rehabilitation and DUII Information services
- Mental Health Treatment
- Family and couple counseling
- Urine analysis testing
- Parenting classes
- Emotional management classes
- Domestic Violence Prevention for Men Who Batter
- Domestic Violence Prevention for Victims of Domestic Violence

Do you have challenging marijuana primary clients?
Up In Smoke is a four hour educational intervention for marijuana primary clients. Up In Smoke is NOT a treatment program. It is an adjunctive 4 hour intervention that can be used with your treatment clients.

Up In Smoke is used by DUII treatment programs, EAP’s, probation/parole officers, drug courts, judges, attorneys, county evaluators, the Oregon Board of Pharmacy, and the OHSU Transplant Unit.

Currently, the Up In Smoke 4-hour intensive educational intervention course is offered in Roseburg, Portland, Hillsboro and Clackamas.
Portland & Hillsboro: Eric Martin
Clackamas: James Gossett
Roseburg: Mark MacDonald
Coes Bay: Dawn Parker
For times, locations and information call:

503.491.9748

MODUS VIVENDI
Eastern European and Slavic Addiction Treatment Services
Olga Parker, Ph.D., CADC III

Modus Vivendi LLC offers a range of educational and outpatient treatment services including family treatment, chemical dependency and mental health services. Our program is certified by the State of Oregon. All services are available in two languages (English or Russian). We specialize in working with Eastern European and Slavic clients. We also provide adjusted format classes for clients of diverse language background with limited English proficiency.

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(503) 781-9065

National Conference on Addiction Disorders 2010
Washington, DC
September 8-11
Hyatt Regency Crystal City

Be there when NAADAC, NAATP, INCASE and NALGAP join forces with Addiction Professional and Behavioral Healthcare magazines to bring you the first National Conference on Addiction Disorders.
Emotional Freedom Techniques

Learn how to use this simple tapping procedure on yourself and with others to relieve stress and anxiety.
July 28, Springfield, Gateway Mall
August 1, Vancouver Red Lion
August 4, Tualatin Comfort Inn
August 8, Grants Pass La Quinta
August 11, Salem Comfort Inn
9am to 5pm
7-hour class, only $150
For more information, more class dates & locations, go to:
www.robertbike.com/efr.htm
or call 541-465-9486
Robert Bike, LMT #5473
robertbike@comcast.net

DOT Evaluations

Robbie Miller, MAC, CADC III

Substance Abuse Professional (SAP)

Specializing in DOT/SAP Evaluations & Assessments for employees working under DOT guidelines

robbiemiller@earthlink.net

503-293-6188
Our Team of Instructors

Nikki Johnson, M.A., CPS
CSAT Certified HIV Trainer
ACCBO Ethics Chair
Adjunct Faculty, Portland Community College

Eric Martin, M.A.C., CADC III, CPS
Former Director, ACCBO
Instructor, University of Oregon

Sarah Wheeler, CADC II
Private Practice/Consultant

Kathleen Tomlin, M.S., LPC, CADC III
Supervisor, MINT trainer & author with Hazelden Press

Marilyn Cady, CSAT Certified HIV Trainer
Instructor, Chemeketa Community College

Ann Fields, Med, CGAC I, CADC III
Counselor, MINT trainer

Cathy Moonshine, Ph.D. CADC III
Consultant, Adjunct/faculty Pacific University, Lewis and Clark College

Janese Olalde, CADC II, CGAC II
DHS Problem Gambling Treatment Specialist and Trainer

Maureen Jenne, MS, CADC III
Clinical Consultant, Supervisor, Emergence

Kelly Washam, MA, CADC II
Adjunct Faculty, PSU Graduate School of Counseling

Lisa Langford
Author, 7 Steps to Finding your Spiritual Life

Steve DeLugach, MS, LSP, CSAT
Counselor, Sexual Addictions Specialist

Harry Watson, BA, CADC II
Multi-cultural Consultant

Pernell Brown, CADC I, CGIS
Brown & Brown Consultants, Supervisor, CREW - Columbia Villa

Ashley Brown, CADC I, CGIS, QMHA
Brown & Brown Consultants, Supervisor, CREW - Columbia Villa

www.DaystarEd.com
Course Descriptions

Addiction Pharmacology 18 hours
A three day course that meets prerequisite requirements for CADC & CPS. This course includes the basics of human physiology, rules of pharmacology, and the drugs of abuse categories. Excellent course for pre-test brush-up. Presented by Johnson, M.A., CPS & Martin, M.A.C., CADC III, CPS

Infectious Disease Risk Assessment Risk Reduction 6 hours

Professional Ethics for Chemical Dependency Counselors 12 hours
This workshop meets the prerequisite requirements for certification. This course explores Professional Roles and values, cultural differences, dual relationships, ACCBO Ethical Principles, Ethical Decision-making and more. Presented by Johnson, M.A.

Group Counseling Skills 18 hours
This three day course meets the prerequisite requirements for certification. This course will give participants an understanding of basic group dynamics, stages of development, and how to use facilitation skills. Through the use of group practice and feedback, lectures and written materials, this training will assist in developing effective techniques, including EBTs such as Stages of Change. Presented by Johnson

Basic Counseling Skills 18 hours
This three day course meets the prerequisite requirements for certification. Through lecture, skill demonstration and practice, participants will have the opportunity to understand counseling in its most basic parts and practice the skills contained therein. All skills will be drawn from evidence-based practices. Participants will create and review a video tape counseling interaction. Presented by Wheeler, CADC II.

Continuing Education Workshops

Gangs: Risk Assessment and Intervention 6 hours
Explore types of gangs, learn to assess for risk of gang involvement, identify stages of involvement and proven intervention strategies for both Hispanic and African-American clients. Taught by Ashley Brown, CADC I, GIS, QMHA, and Perrell Brown, CADC I, GIS

Transforming Grief 6 hours
The losses clients experience are immense. Helping them work through grief holds the potential for healing and wholeness. Learn strategies to help your clients discover the vital information their grief has to offer and how to use it in the recovery process. Taught by Marilyn Cady.

Resolving Client Shame 6 hours
This workshop will focus on a model for understanding and exploring shame issues, and the impact of those issues on recovery and relapse. We will apply evidence-based counseling practices that support the client’s resolution of their shame issues. Led by Sarah Wheeler, CADC II

Public Spirituality 6 hours
This workshop will introduce a framework for addressing a person’s spiritual life, using a common language that honors ones unique spiritual identity. Participants will become familiar with the workbook, 7 Steps to Finding your Spiritual Life which features a strength-based, spiritually-grounded approach to recovery. Taught by book’s author, Lisa Langford

Theories of Addiction Treatment and Counseling 12 hours
This two day course covers 54 traditional counseling theories, and principles of effective drug treatment. This course is designed as a refresher for the theories section of the National Certification Examinations. Includes test taking strategies. For counselors with less test taking experience. Presented by Eric Martin, M.A.C, CADC III, CPS.

The Teaching Side of Treatment 12 hours
Develop good teaching materials with or without fancy technology. Participants will learn the principles of learning and teaching, and how to apply them to special needs of addicts in treatment. Leave with the beginnings or more of a usable teaching product. Participants will need to bring their own laptop computer and materials for developing a teaching module. Presented by Johnson, M.A.

Treating Marijuana Dependence 6 hours
This one day course covers NIDA best practices with marijuana dependent clients, educating clients around the scientifically-defensible research on the health consequences of marijuana use. The increasing potency of marijuana and neuropharmacology of THC. Review of Marijuana Treatment research and the CYT EBP. Presented by Eric Martin, M.A.C, CADC III, CPS.

Client Counselor Boundary Issues: Resolving Transference and Countertransference 12 hours
This two day course will enhance skills in recognizing and resolving transference and countertransference with addiction treatment clients, enhance awareness of counselor vulnerability for boundary problems, and will assist in developing a plan to avoid and/or resolve boundary violations. Presented by Johnson, MA

Co-Occurring Disorders: Screening and Assessment 12 hours
This workshop will review the principles of COD—substance abuse and mental health disorders and criminality, in light of substance-induced brain injury. Participants will practice using validated screening and assessment instruments using TIP 42. Taught by, & Nikki Johnson, MA

Treating Codependency 6 hours
Counselors will learn to help clients recognize codependent behavior as an ineffective attempt to get needs met. Participants will learn a structured process to teach clients how to assess themselves and how to support clients in the process of improving functional capacity. Led by Sarah Wheeler, CADC II

Treating the African American Client 6 hours
This overdue workshop helps counselors develop ability and commitment to assertively address issues of race in treatment. The African American experience, roles of race in relationships and counselor awareness are covered. Taught by Harry Watson, BA, CADC II
Evidence Based Practice Workshops

Addiction and Personality Disorders 6 hours
This workshop will explore clients with Cluster B personality disorders, examine the interaction with drug use, and explore strategies for engagement and retention. This workshop reviews psychiatric EBP’s with Personality Disorders and overview of the limited research on Co-occurring Disorder EBP’s, including Dialectical Behavior Therapy. Taught by Nikki Johnson, MA

MI: Theory and Practice 12 hours
This workshop will ground participants in the theory and skill of this evidence based practice. Participants will practice the skills and strategies of MI. Presented by MI author Kathyleen Tomlin, CADC III, LPC

Curriculum-based Motivational Group 6 hours
This workshop will provide you with everything you need to facilitate a five contact motivational group. Every activity is designed to further client motivation. A manual with rationale, structure and reproducible handouts is provided. Taught by Ann Fields, M.Ed., CADC III

Managing Client Records with ASAM 12 hours
ASAM Made Easy has been morphed into a two day workshop. The most common finding State Auditors have with client records is treatment plans. Adding this to ASAM should be a great help to people struggling with this paperwork.
Taught by Kathy Tomlin, MS, CADC III, LPC

Dialectical Behavioral Therapy 12 hours
This workshop emphasizes developing an understanding of DBT and the foundation for developing the skill set necessary to use DBT effectively with a wide variety of clients. DBT helps empower clients to improve emotional containment and develop skills to improve functioning. Participants will gain experience by practicing specific DBT techniques. Taught by Cathy Moonshine, Ph.D. CADCIII

Clinical Supervision 28 hours
Designed to enhance skills for new and experienced clinical supervisors in addiction treatment. Uses the model and materials from NFATTTC EBT for clinical supervision. Materials provided by NFATTTC. Taught by Maureen Jenne, MS, CADC III and Janese Olalde, CADC II, CGAC II

Domestic Violence and Addiction 6 hours
Workshop will review signs and symptoms of domestic violence in the addicted population, increase understanding of the cycle of violence, effective interventions, and resources. Taught by Kelly Washam, MA, CADCI and Kathleen McGraw, M.Div.

Criminality and Addiction 6 hours
Explore the relationship between addiction and criminal behavior, and EBTs, including MRT, for working with Criminal Addicts. Taught by Kelly Washam, MA, CADCII

Principles of Understanding Addictions and the Family 12 hours
Designed to provide an overview of the theories, addictive processes, roles and relational problems that emerge in treatment of families with addiction. Will be set-up for special topics workshops: Adolescents, relationships and Addiction. Taught by Kelly Washam, MA, CADC I

Sexual Addiction 6 hours
Will explore the nature, cycle and recovery from Sexual Addiction. Learn practical tools for assessment and treatment planning, and address the needs of families affected by Sexual Addiction. Led by Steven Delugach, LPC, 25 yrs in treatment field. Chairs ITAP, Advisory Board for International Institute for Trauma and Addictions Professionals.

Hotel Information
“Tell them Daystar sent you!”
If you’re coming from out of town and need lodging; Tell them: “Daystar Education contracted rate” at Crowne Royale at # 503-233-2401 and at Shilo inn 1 800-222-2244 (Also online www.shiloinns.com rate code DSTAREDU). Rooms are limited.

The 2010 Schedule

JULY 2010
Basic Counseling 12-14
Pharmacology 19-21
Infectious Disease RA/RR 22
Domestic Violence & Addiction 23
Adolescents and Addiction 27
Relationships and Addiction 28
AUGUST 2010
Transforming Grief 4
Group Counseling 9-11
Public Spirituality 12
CBMG 16
Treating Co-Dependency 17
Theories of Tx and Couns. 19-20
DBT 23-24
MI:Theory and Practice 26-27
ASIST (Suicide Prevention) 30-31
SEPTEMBER 2010
Ethics 1-2
Basic Counseling 13-15
Clinical Supervision (Pt.1) 17-18
Infectious Disease RA/RR 20
Pharmacology 22-24
Addiction and Personality 27
Tx African American Client 30
OCTOBER 2010
Resolving Client Shame 4
Families and Addiction 5-6
ASAM 7-8
Mar juana Dependency 12
Group Counseling 13-15
ASIST 16-17
Theories of Tx/Counseling 18-19
DBT 21-22
Sexual Addiciton 25
Criminality and Addiction 27
Client/Counselor Boundaries 28-29
Adolescents and Addiction 30

www.DaystarEd.com
To schedule any of the courses at your agency (or a specialized training tailored for your agency) please contact: Daystar Education, Inc. 503-234-1215
A 501(c)3 nonprofit consortium of Oregon Addiction Educators
Confirmation postcards/emails are sent 2 weeks prior to workshops. People will be contacted if workshop is filled or canceled. Payment policy: Credit Cards are run the day of the workshop unless otherwise specified. Credit towards future courses only for check & cash payment. $50 fee for less than 5 days cancellation. Call 503 234-1215 or visit the web www.DaystarEd.com and register online.

### Registration Information (please print - no cursive)

| Name |  
| Address (home or business) |  
| Home Phone | Work Phone | Message/Cell Phone |  
| Email |  

### Registration for the 5 core certification classes - check off desired course(s)

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Fee</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic Counseling Skills</td>
<td>$175</td>
<td>July 12-14, Sep. 13-15, Nov. 2-4</td>
</tr>
<tr>
<td>Infectious Disease RA/RR</td>
<td>$80</td>
<td>July 22, September 20, Nov. 15</td>
</tr>
<tr>
<td>Professional Ethics</td>
<td>$120</td>
<td>Sep. 1-2, Dec. 13-14</td>
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### Continuing education workshops - check off desired course(s) 2010

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<th>Course Name</th>
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<th>Dates</th>
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<tr>
<td>Addiction and Personality Disorders</td>
<td>$80</td>
<td>September 27</td>
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<tr>
<td>Adolescents and Addiction</td>
<td>$80</td>
<td>July 27</td>
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<tr>
<td>Resolving Client Shame</td>
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<td>Domestic Violence and Addiction</td>
<td>$80</td>
<td>July 23</td>
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<tr>
<td>Transforming Grief</td>
<td>$80</td>
<td>August 4</td>
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<tr>
<td>Treating Co-dependency</td>
<td>$80</td>
<td>August 17</td>
</tr>
<tr>
<td>Treating Marijuana Dependence</td>
<td>$80</td>
<td>October 12</td>
</tr>
<tr>
<td>Treating African American Clients</td>
<td>$80</td>
<td>September 30</td>
</tr>
<tr>
<td>Public Spirituality</td>
<td>$80</td>
<td>Aug. 12</td>
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<tr>
<td>Relationships and Addiction</td>
<td>$80</td>
<td>July 28, November 1</td>
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<tr>
<td>Sexual Addictions</td>
<td>$80</td>
<td>October 25</td>
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<tr>
<td>Criminality and Addiction</td>
<td>$80</td>
<td>October 27</td>
</tr>
<tr>
<td>Gangs: R/A &amp; Intervention</td>
<td>$80</td>
<td>November 29</td>
</tr>
<tr>
<td>MI: Theory and Practice</td>
<td>$120</td>
<td>August 26-27</td>
</tr>
<tr>
<td>Principles of Family Work in Addictions</td>
<td>$120</td>
<td>October 5-6</td>
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<tr>
<td>Client Record Management with ASAM</td>
<td>$120</td>
<td>October 7-8</td>
</tr>
<tr>
<td>Theories of Treatment and Counseling</td>
<td>$120</td>
<td>August 19-20, October 18-19</td>
</tr>
<tr>
<td>Teaching Side of Treatment (need laptop)</td>
<td>$135</td>
<td>December 1-2</td>
</tr>
<tr>
<td>Co-Occurring Disorders: Assess/Treat</td>
<td>$150</td>
<td>December 16-17</td>
</tr>
<tr>
<td>DBT (Dialectical Behavioral Therapy)</td>
<td>$150</td>
<td>August 23-24, October 21-22</td>
</tr>
<tr>
<td>ASIST (Suicide Prevention)</td>
<td>$179</td>
<td>August 30-31, Oct. 16-17</td>
</tr>
<tr>
<td>Clinical Supervision (4 days total)</td>
<td>$295</td>
<td>Sept. 17-18 AND Nov. 11-12</td>
</tr>
</tbody>
</table>

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**Payment:** ______ Check enclosed for $_____

Charge Visa/MC # ___________________________ Exp. date _____ signed ____________

Check or Credit Card number must accompany this form to reserve a space. 2010 Discount: 5 core classes. Pay all at once 10% savings $675

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