

# Addiction Counselor Certification Board of Oregon

*An Affiliate of the National Association of  
Alcoholism and Drug Abuse Counselors and  
ICRC Member Board*

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## July-Aug 2009

Distributed to 3,400 Addiction & Prevention Professionals, AHP's and Recovery Advocates

# Report on the 75<sup>th</sup> Session of the Oregon Legislature

**Karen Wheeler & Eric Martin**

## Karen's Report

*Karen Wheeler, M.A., is the Addictions Programs Administrator, for the DHS Addictions and Mental Health Division*

*Oregon's CADC's had a huge impact on this Legislative Session!* Nearly, 4,000 individual emails were sent to respective Representatives and Senators this session regarding, funding cuts to addictions treatment, prevention, gambling treatment, the Prescription Drug Monitoring Program and the Beer Tax through ACCBO's easy "click & send web-letters." Together, ACCBO CADC's, OPERA, PACWEST, Oregon Partnership and many others had a profound effect on preventing devastating cuts to our field. So here's a brief summary:

1. SB355: The Prescription Drug Monitoring Bill - passed. This bill allows for the monitoring of prescriptions through a central database in order to track individuals who are "Dr. shopping."
2. HB2345: The Impaired Health Professionals Program - passed. This bill creates a special monitoring board for Health Professionals insuring they get the addiction treatment services they need.
3. HB3353: The Alcohol & Drug Policy Commission - passed. This bill creates a new super-commission to replace the Governor's Council on Substance Abuse Programs. The new commission will have a high-profile and will help maintain attention and focus on the wisdom of substance abuse treatment and prevention.
4. The Budget: Oregon will essentially receive level funding for addiction treatment services and may even see a slight expansion as a result of an expansion of OHP. We did receive some cuts to Gambling Addiction Treatment and fairly significant cuts to Substance Abuse Prevention.

## Eric's Report

*Eric Martin is Past President & Director Emeritus of ACCBO and sits on the Governor's Council on Substance Abuse Programs*

1. The Beer Tax did not pass this session. Democratic leadership feared too many tax increases would surely trigger referendums to the voters. However, we probably had more support this session than in previous sessions - so don't give up hope! We will again be fighting for the Beer Tax in February 2010 (8 months from now) in the new short session.
2. Drug Courts were cut by the State, however Devarshi Bajpai, ACCBO Past-President and CJC staff were effective in replacing those cuts with Federal dollars.
3. Lastly, ACCBO was effective in making sure that HB2506, an LPC practice act, had exclusionary language for certified addiction counselors, exempting CADC's from a variety of practice act restrictions.

## Future Plans:

1. We must be prepared to assist in educating the public if legislative tax increases are referred to the voters.
2. Future advocacy efforts include:
  - beer tax bill possibly in February 2010
  - increase in residential treatment rates
  - restore prevention and gambling treatment
3. Work with AMH and primary care physicians to increase the volume of people referred to addiction treatment - before they get in trouble (e.g.; DUII, other crimes, employment problems, child welfare, etc.)
4. Make sure you keep your email address updated with ACCBO so that you will receive ACCBO's Legislative Alerts!



## Home Study Courses with Katie Evans PhD., NCACII

Pre-approved by: ACCBO, NAADAC, ILLINOIS, NEW YORK, CALIFORNIA, WASHINGTON, NORTH CAROLINA, Many other states, all levels of Certification. Study with international expert in Dual Diagnosis & Trauma.

### 1. Dual Diagnosis: Counseling the Mentally Ill Substance Abuser 30 CEU's \$175

This course includes trainer's textbook: Dual Diagnosis: Counseling the Mentally Ill Substance Abuser and true/ false posttest.

### 2. Treating Addicted Survivors of Trauma 30 CEU's \$175

This course includes trainer's textbook: Treating Addicted Survivors of Trauma and true/ false posttest.

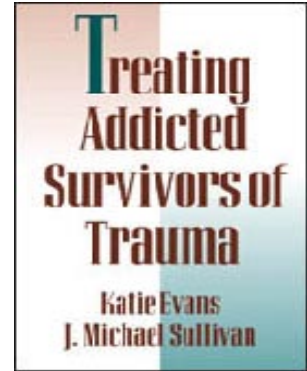
### 3. DVD 5-Stage Recovery Model Counseling Addicted Survivors 15 CEU's \$105

This advanced course includes: DVD treatment in action, Dr. Evans using the 5-stage recovery model \ workbook she authored, published by Hazelton, exercises using the client workbook: Understanding Post Traumatic Stress Disorder and Addiction and true/ false posttest.

### 4. DVD "Unfortunate Hero's: Treating Addicted Soldier Survivors" 25 CEU's \$145

Get CrfI

course information guide, excerpts from Unfortunate Hero's author publication being release late 2009 and true/ false posttest.



Use This Form to Register; make checks payable to Dr. Katie Evans, Inc.

Mail to Dr. Katie Evans, Inc, 19943 S.W. Jette Lane, Beaverton, OR 97006

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day phone \_\_\_\_\_ Evening phone \_\_\_\_\_

Email \_\_\_\_\_

Visa, MC or Debit Number \_\_\_\_\_ EXP Date \_\_\_\_\_

Name on Card \_\_\_\_\_

For information or to register by phone: Call 503-756-6117, Fax 503-524-3778 or Email: drkatieevans@verizon.net

NW Instituto Latino

*De Adicciones*

Conference

*Presented in Spanish*

August 20-21, 2009

RED LION

Jantzen Beach

➡ Register online at  
[www.NFATTCregistration.org](http://www.NFATTCregistration.org)

➡ Send your registration fee  
(Check or Money Order) of \$75.00 to:  
ACCBO 2054 N. Vancouver Ave  
Portland, Oregon 97227-1917

For additional information call:  
Mary Anne Bryan 503-378-6001  
[bryanm@ohsu.edu](mailto:bryanm@ohsu.edu)

**DaystarEd.com**

**Core Courses for  
Certification**

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Registration**

## TRAININGS IN ENGLISH

### BASIC COUNSELING SKILLS TRAINING

- in Springfield -  
August 24, 25 and 26, 2009  
\$175.00 for 21 CEU's  
Limit of 10 participants

### TREATING THE PROBLEM GAMBLER

- in Portland -  
August 31 and September 1, 2009  
\$99.00 for 14 CEU's  
Limit of 20 participants

### MOTIVATIONAL INTERVIEWING

- in Eugene -  
September 10 and 11, 2009  
\$99.00 for 14 CEU's  
Limit of 20 participants

## !!!Entrenamiento en español!!!!

### TENICAS GRUPALES

- Portland -  
14, 15 y 16 de septiembre de 2009 (Sept 14,  
15 and 16)  
\$150.00 para 21 creditos  
Limitado a 12 participantes

For any of the trainings call  
Janese Olalde 541-870-6706  
or e-mail [janesejaneseolalde@yahoo.com](mailto:janesejaneseolalde@yahoo.com)  
or visit web site at  
[www.trainingsbyjanese.com](http://www.trainingsbyjanese.com)

## What is Molly?

"Molly" is 1-(3-Trifluoromethylphenyl) piperazine (TFMPP). TFMPP was given emergency controlled substance scheduling by the U.S. Drug Enforcement Administration in September 2002. TFMPP was given Schedule I status, meaning it has a high potential for abuse and no accepted medical use. This drug first appeared on the West Coast of the United States. TFMPP is similar to MDMA, as well as the names "legal E", "legal X" or "A2". TFMPP can cause increased heart rate, blood pressure and body temperature.

TFMPP is often combined with benzylpiperazine. Together they have synergistic effects. The combination of BZP and TFMPP has been associated with a range of side effects, including insomnia, anxiety, nausea and vomiting, headaches and muscle aches which may resemble migraine, seizures, impotence, and rarely psychosis, as well as a prolonged and unpleasant hangover effect similar to that produced by alcohol. These side effects tend to be significantly worsened when the BZP/TFMPP mix is consumed alongside alcohol, especially the headache, nausea and hangover.

## ACCBO Fee Schedule

CADC Application Fee: \$50  
CADC Computerized Examination (any level): \$195  
CADC Computerized Re-take: \$145  
CADC Case Presentation Examination: \$125  
CADC Recertification: \$130  
CPS Application Fee: \$50  
CPS Written Exam: \$100  
CPS Renewal: \$100  
Gambling Counselor Application Fee: \$50  
Gambling Counselor Examination: \$195  
Gambling Renewal: \$130  
120 Day Extension: \$50  
Newsletter Advertisement: 8th page - \$45  
1/4 page - \$75, 1/2 page - \$135, Full page - \$250

## D.B.T. in Life™ Products.



Just Released:

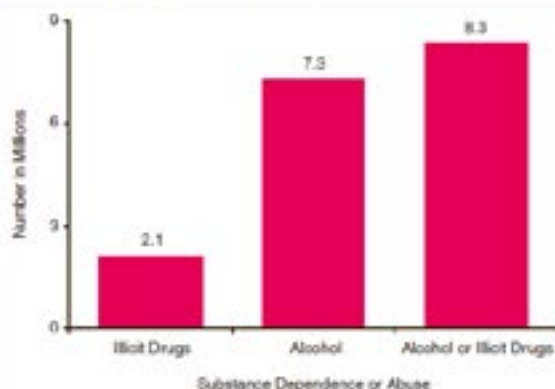
*Acquiring Competency &  
Achieving Proficiency with DBT*  
Vol. I: The Clinician's Guidebook  
Vol. II: The Worksheets

Also available Board Game, Playing Cards,  
Bonanza Dice Game, Bingo, Posters, &  
Incentives. All designed to reinforce  
clients using DBT skills in their lives.

Training, Consultation, & Supervision.

Go to [Moonshine-Consulting.com](http://Moonshine-Consulting.com)

Figure 1. Estimated Numbers of Children\* under 18 Years of Age Living with One or More Parents with Past Year Substance Dependence or Abuse: 2002 to 2007



\* Includes biological, step-, adoptive, or foster children. Children under 18 years of age who were not living with one or more parents were excluded from this analysis. Approximately 4.3 percent of children under age 18 were not living with one or more parents.

Source: 2002 to 2007 SAMHSA National Surveys on Drug Use and Health (NSDUHs).



**Up in Smoke**

**Alternative Sanction**

A Cognitive Education course, including microscopy and brain imaging education on the scientifically defensible health effects of marijuana

THC Anandamide

## Do you have challenging marijuana primary clients?

Up In Smoke is a four hour educational intervention for marijuana primary clients. Up In Smoke is NOT a treatment program. It is an adjunctive 4 hour intervention that can be used with your treatment clients.

Up In Smoke is used by DUII treatment programs, EAP's, probation/parole officers, drug courts, judges, attorneys, county evaluators, the Oregon Board of Pharmacy, and the OHSU Transplant Unit.

Currently, the Up In Smoke 4-hour intensive educational intervention course is offered in Roseburg, Portland, Hillsboro and Clackamas.

Portland & Hillsboro: Eric Martin

Clackamas: James Gossett

Roseburg: Mark MacDonald

For times, locations and information call:

**503.491.9748**

## ACCBO 2009 CALENDAR

JULY	AUGUST	SEPTEMBER
Jul 3 ACCBO Board/Ethics Meeting Jul 3 CADC Application Deadline for September Exams Jul 15 Newsletter Release	Aug 1 Portland Case Presentation Exams Aug 7 ACCBO Board/Ethics Meeting Aug 15 Newsletter Submission Deadline	Sep 4 ACCBO Board/Ethics Meeting Sep 5 Portland Case Presentation Exams Sep 12 Prevention Exams Sep 12-19 CADC Computerized Exams Sep 15 Newsletter Release
OCTOBER	NOVEMBER	DECEMBER
Oct 2 ACCBO Board/Ethics Meeting Board Nominations Oct 2 CADC Application Deadline for December Exams Oct 15 Newsletter Submission Deadline	Nov 6 ACCBO Board/Ethics Meeting Board Elections Nov 7 Portland Case Presentation Exams Nov 15 Newsletter Release	Dec 4 ACCBO Board/Ethics Meeting Dec 5-12 CADC Computerized Exams Dec 5 Portland Case Presentation Exams Dec 15 Newsletter Submission Deadline



## FAQ: What's the difference between CADC and NAADAC (MAC or NCAC) Certification?

Counselors often ask the difference between these certifications and exams.

1. NAADAC, The National Association of Alcoholism & Drug Abuse Counselors produce the NCAC Exams and the NCAC national certifications. NAADAC and NBCC, the National Board of Certified Counselors produce the MAC exams and MAC national certification for graduate level counselors.
2. ACCBO uses the NCAC & MAC exams for state certification as a CADC I, II, or III.
3. CADC Certification is not the same as national certification, however they use the same exact exams.

# Alternative to Residential Treatment Dependency Solutions Monitored Residential Housing and Day Treatment



- \* Comprehensive Treatment that matches any inpatient program.
- \* Significant reduction in cost.
- \* 20 year proven treatment model.
- \* 30, 60, 90 day or more stay.
- \* State Licensed Agency since 1996.
- \* 12 Step based treatment model.
- \* Best practices treatment utilized.
- \* Home style living environments.
- \* 24 Hour monitoring.
- \* All Staff are qualified professionals.
- \* Gender specific treatment.

Mission Statement: Our purpose is to aid the individual and family who has been suffering from chemical dependency and guiding them through healing the Mind, Body and Spirit to make the lifestyle changes necessary to gain control of their lives. Allow us to become part of your family and ours.

**30 DAY TREATMENT FOR \$3,000.00**

Dependency Solutions is located in Newberg, Oregon. Call 877-777-2677

Website: [www.DependencySolutions.com](http://www.DependencySolutions.com) (brochures available)



# DOT Evaluations

**Robbie Miller, MAC, CADC III**

*Substance Abuse Professional (SAP)*

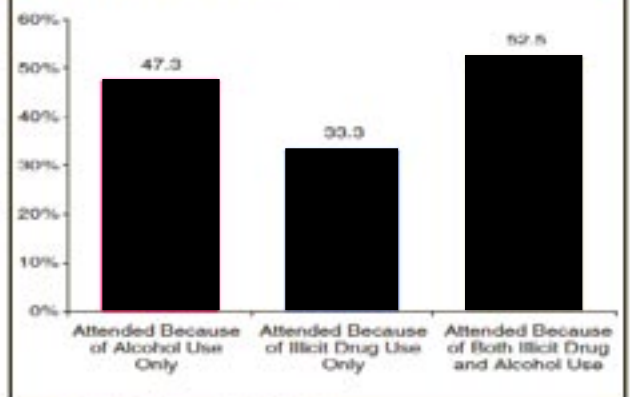
Specializing in DOT/SAP  
Evaluations & Assessments  
for employees working under  
DOT guidelines

robbiemiller@earthlink.net

**503-293-6188**



Figure 2. Percentages of Past Month Abstinence from Alcohol and Illicit Drug Use among Persons Aged 12 or Older, by Substances for Which They Attended Self-Help Group\*\*\*: 2006 and 2007

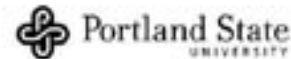


Source: SAMHSA, 2006 and 2007 NSDUHS.

## **Graduate Certificate in Addictions Counseling**

An academic series of six courses providing a broad overview of addictions counseling, concepts of treatment, and clinical skills. The program is intended for human services treatment professionals in the community and graduate students in related fields, to enable them to acquire training and education in science-based practices and to provide the knowledge essential to working with addicted populations.

- For admissions requirements and procedures, see our website at [www.ceed.pdx.edu/gcac](http://www.ceed.pdx.edu/gcac)
- For program advising, contact Kathy Lovrien at [lovrienk@pdx.edu](mailto:lovrienk@pdx.edu) or 503-725-8165



## **Addictions Training at Portland State University**

### **Craving for Ecstasy and Natural Highs: A Positive Approach to Mood Alteration**

*With Harvey Milkman* September 17 & 18, 2009

People from all walks of life often lose themselves in pursuing counterfeit pleasures—cigarettes, alcohol, drugs, thrill seeking, sex, food, gambling, and on-line fantasies to name just a few. How does the pursuit of pleasure result in compulsion and loss of control? *Craving for Ecstasy and Natural Highs* addresses this fundamental question and then explores positive ways to achieve lasting happiness and fulfillment. Students of addictive behaviors and anyone interested in discovering healthy means to satisfy the drive to alter consciousness will find this workshop compelling.

### **Counseling Couples with Addiction Issues**

*With Wray Pascoe* November 17, 2009

When sobriety is the goal for the client, couples issues can be neglected or overlooked. Learn dynamic assessment techniques and look at the client's systems before, during, and after sobriety. Anger and resentment, often common themes with couples who have experienced addictions issues, will be explored. Participants will learn to identify individual vs. couples dynamics; address issues rooted in shame and partner resentment; and when not to work with a couple. Sexual dysfunction; infidelity and reestablishing trust; and responsibility for "slips" will also be explored.

REGISTRATION: [www.ceed.pdx.edu/pware.html](http://www.ceed.pdx.edu/pware.html) or call 503-725-4832

INFORMATION: Kathy Lovrien at 503-725-8165 or [lovrienk@pdx.edu](mailto:lovrienk@pdx.edu)  
[www.ceed.pdx.edu/addictions](http://www.ceed.pdx.edu/addictions) (click on current courses)



# AddictionCounselorCE.com

## Choosing a Continuing Education Provider?

### Use the 20 Point Checklist:

- National and state board accreditations
- A large selection of courses
- A course package for less than \$3/credit
- FREE introductory course
- Friendly phone support evenings, weekends, and holidays
- Easy to use and informative website
- Able to view exam questions before purchase
- Able to view course material before purchase
- 24/7 full access to your exam and payment history?
- Feedback on exam errors and free second exam
- Instant scoring & printouts of certificates at home
- Able to electronically record exams by other providers
- Able to print out completed exams by date range
- Receive reminders about licensure renewal date
- A large number of free to read online article courses
- Able to search courses with special key words and topic searches
- Alerts and helpful information on license requirements
- A quality control process for course development
- Security for personal and banking information
- Rave reviews from thousands of members

### Well Known Providers

**1	2	3	4
YES	YES	YES	YES
570	75	31	134
YES	no	no	no
YES	no	no	no
YES	no	no	no
YES	no	no	YES
YES	no	no	no
YES	no	no	no
YES	no	no	no
YES	YES	no	no
YES	no	no	YES
YES	no	no	no
YES	no	no	no
YES	no	no	no
YES	?	?	?
YES	YES	YES	YES
YES	no	no	no

**\*\*Provider 1: AddictionCounselorCE.com is the top rated continuing education provider. Experience the ease of earning credits by taking a FREE online course at [www.AddictionCounselorCE.com](http://www.AddictionCounselorCE.com).**