Report on the 75th Session of the Oregon Legislature
Karen Wheeler & Eric Martin

Karen’s Report
Karen Wheeler, M.A., is the Addictions Programs Administrator, for the DHS Addictions and Mental Health Division

Oregon’s CADC’s had a huge impact on this Legislative Session! Nearly, 4,000 individual emails were sent to respective Representatives and Senators this session regarding, funding cuts to addictions treatment, prevention, gambling treatment, the Prescription Drug Monitoring Program and the Beer Tax through ACCBO’s easy “click & send web-letters.” Together, ACCBO CADC’s, OPERA, PACWEST, Oregon Partnership and many others had a profound effect on preventing devastating cuts to our field. So here’s a brief summary:

1. SB355: The Prescription Drug Monitoring Bill - passed. This bill allows for the monitoring of prescriptions through a central database in order to track individuals who are “Dr. shopping.”
2. HB2345: The Impaired Health Professionals Program - passed. This bill creates a special monitoring board for Health Professionals insuring they get the addiction treatment services they need.
3. HB3353: The Alcohol & Drug Policy Commission - passed. This bill creates a new super-commission to replace the Governor’s Council on Substance Abuse Programs. The new commission will have a high-profile and will help maintain attention and focus on the wisdom of substance abuse treatment and prevention.
4. The Budget: Oregon will essentially receive level funding for addiction treatment services and may even see a slight expansion as a result of an expansion of OHP. We did receive some cuts to Gambling Addiction Treatment and fairly significant cuts to Substance Abuse Prevention.

Eric’s Report
Eric Martin is Past President & Director Emeritus of ACCBO and sits on the Governor’s Council on Substance Abuse Programs

1. The Beer Tax did not pass this session. Democratic leadership feared too many tax increases would surely trigger referendums to the voters. However, we probably had more support this session than in previous sessions - so don’t give up hope! We will again be fighting for the Beer Tax in February 2010 (8 months from now) in the new short session.
2. Drug Courts were cut by the State, however Devarshi Bajpai, ACCBO Past-President and CJF staff were effective in replacing those cuts with Federal dollars.
3. Lastly, ACCBO was effective in making sure that HB2506, an LPC practice act, had exclusionary language for certified addiction counselors, exempting CADC’s from a variety of practice act restrictions.

Future Plans:
1. We must be prepared to assist in educating the public if legislative tax increases are referred to the voters.
2. Future advocacy efforts include:
   - beer tax bill possibly in February 2010
   - increase in residential treatment rates
   - restore prevention and gambling treatment
3. Work with AMH and primary care physicians to increase the volume of people referred to addiction treatment - before they get in trouble (e.g.; DUII, other crimes, employment problems, child welfare, etc.)
4. Make sure you keep your email address updated with ACCBO so that you will receive ACCBO’s Legislative Alerts!
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What is Molly?

“Molly” is 1-(3-Trifluoromethylphenyl) piperazine (TFMPP). TFMPP was given emergency controlled substance scheduling by the U.S. Drug Enforcement Administration in September 2002. TFMPP was given Schedule I status, meaning it has a high potential for abuse and no accepted medical use. This drug first appeared on the West Coast of the United States. TFMPP is similar to MDMA, it also goes by the names “legal E”, “legal X” or “A2”. TFMPP can cause increased heart rate, blood pressure and body temperature.

TFMPP is often combined with benzylpiperazine. Together they have synergistic effects. The combination of BZP and TFMPP has been associated with a range of side effects, including insomnia, anxiety, nausea and vomiting, headaches and muscle aches which may resemble migraine, seizures, impotence, and rarely psychosis, as well as a prolonged and unpleasant hangover effect similar to that produced by alcohol. These side effects tend to be significantly worsened when the BZP/TFMPP mix is consumed alongside alcohol, especially the headache, nausea and hangover.

ACCBO Fee Schedule

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<th>Service</th>
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<tr>
<td>CADC Application Fee</td>
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<td>CADC Computerized Examination (any level)</td>
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<td>CADC Computerized Re-take</td>
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<td>120 Day Extension</td>
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<td>Newsletter Advertisement</td>
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<td>8th page - $45</td>
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<td>1/4 page - $75, 1/2 page - $135, Full page - $250</td>
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### ACCBO 2009 Calendar

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<th>July</th>
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<tr>
<td>Jul 3 ACCBO Board/Ethics Meeting</td>
<td>Aug 1 Portland Case Presentation Exams</td>
<td>Sep 4 ACCBO Board/Ethics Meeting</td>
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<td>Jul 3 CADC Application Deadline for September Exams</td>
<td>Aug 7 ACCBO Board/Ethics Meeting</td>
<td>Sep 5 Portland Case Presentation Exams</td>
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<td>Jul 15 Newsletter Release</td>
<td>Aug 15 Newsletter Submission Deadline</td>
<td>Sep 12 Prevention Exams</td>
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<td>Sep 12-19 CADC Computerized Exams</td>
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<td>Sep 15 Newsletter Release</td>
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<td>Oct 2 ACCBO Board/Ethics Meeting Board Nominations</td>
<td>Nov 6 ACCBO Board/Ethics Meeting Board Elections</td>
<td>Dec 4 ACCBO Board/Ethics Meeting</td>
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<td>Oct 2 CADC Application Deadline for December Exams</td>
<td>Nov 7 Portland Case Presentation Exams</td>
<td>Dec 5 CADC Computerized Exams</td>
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<td>Oct 15 Newsletter Submission Deadline</td>
<td>Nov 15 Newsletter Release</td>
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### FAQ: What’s the difference between CADC and NAADAC (MAC or NCAC) Certification?

Counselors often ask the difference between these certifications and exams.

1. **NAADAC**, The National Association of Alcoholism & Drug Abuse Counselors produce the NCAC Exams and the NCAC national certifications. NAADAC and NBCC, the National Board of Certified Counselors produce the MAC exams and MAC national certification for graduate level counselors.
2. ACCBO uses the NCAC & MAC exams for state certification as a CADC I, II, or III.
3. CADC Certification is not the same as national certification, however they use the same exact exams.

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- For program advising, contact Kathy Lovrien at lovrienk@pdx.edu or 503-725-8165

Addictions Training at Portland State University

**Craving for Ecstasy and Natural Highs: A Positive Approach to Mood Alteration**
*With Harvey Milkman* September 17 & 18, 2009

People from all walks of life often lose themselves in pursuing counterfeit pleasures—cigarettes, alcohol, drugs, thrill seeking, sex, food, gambling, and on-line fantasies to name just a few. How does the pursuit of pleasure result in compulsion and loss of control? *Craving for Ecstasy and Natural Highs* addresses this fundamental question and then explores positive ways to achieve lasting happiness and fulfillment. Students of addictive behaviors and anyone interested in discovering healthy means to satisfy the drive to alter consciousness will find this workshop compelling.

**Counseling Couples with Addiction Issues**
*With Wray Pascoe* November 17, 2009

When sobriety is the goal for the client, couples issues can be neglected or overlooked. Learn dynamic assessment techniques and look at the client’s systems before, during, and after sobriety. Anger and resentment, often common themes with couples who have experienced addictions issues, will be explored. Participants will learn to identify individual vs. couples dynamics; address issues rooted in shame and partner resentment; and when not to work with a couple. Sexual dysfunction; infidelity and reestablishing trust; and responsibility for "slips" will also be explored.

**REGISTRATION:** [www.ceed.pdx.edu/pware.html](http://www.ceed.pdx.edu/pware.html) or call 503-725-4832

**INFORMATION:** Kathy Lovrien at 503-725-8165 or lovrienk@pdx.edu
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